

## BEST PRACTICES FOR 2018-19

### **Best Practice-1**

Title of the Practice: Objective to develop a support system beyond class room teaching through the physical, mental, and spiritual development of a student to face the challenges in life and empower them to reach their personal potential and make positive choices in life to fulfill their personal dreams and develop themselves as good citizen.

### **Introduction:**

The modern world is a highly challenging. Students have faced various challenges in every phase and aspect of their life. They have to cope with a rapidly changing scenario in their academic environment while in college as well as grapple with an ever-competitive world and a complex society, when out of it. Furthermore, as adolescents, they have to deal with physical and psychological changes within themselves. Therefore, it is of utmost necessity to guide and counsel students during this vulnerable time of their lives. The mentoring and counseling program is aimed at providing this support and guidance to the students to equip and empower them to face the challenges they are met with. The mentors strive to forge a one to one relationship with the mentees to support, guide, and motivate them to identify their personal goals and work towards them. The co-curricular activity Program is introduced to provide a platform to showcase their talent and also aims to train the students to play leadership roles in society and participate constructively in social issues.

### **The Road Map-Planning and execution:**

As a general practice, mentoring and counseling are done in college. The following norms of mentoring and counseling in the college are given below:

#### **A. General Pattern of Counseling of the teachers:**

1. Observe the students in the classroom. 2. Monitor the attendance of the student and if found absent continuously for a week, try to find the cause of the absence from available sources, 3. Communicate with the student or their parents. 4. Try to sort out the problem if any. 5. Call the parent in case of urgency.

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**B. Counseling for slow learners:**

1. If the department finds a student to be a slow learner, special care is taken. 2. Remedial classes are taken as provided in the class routine. 3. Books are provided to aid the student through the library.

**C. Mentoring through Psychological Counseling:**

A large number of students of the college come from economically challenged households and are first- generation learners. Further, problems of adolescence also stress them. The Department is perceptive of such issues and reaches out to the students. The teachers take the following steps:

1. Counsel personally on one to one basis. 2. If needed, parents are also involved to overcome the crisis.

**D. Mentoring through Students Union:**

Mankachar College Students Union also takes care if a student is faced with issues related to: 1. Admission 2. The college has a student development fund for financially challenged students. 3. Administrative problems 4. Academic problems – they guide the students in case of subject change.

**Best practice –2****Title: Fostering community responsibility**

**The context:** Mankachar College is located at Mankachar in the district of South Salmara was established on 1971. At that time Mankachar was a small region. The villagers of Mankachar and neighbouring villages did the very difficult and challenging task of establishing an institution of higher education. The villagers established the institution with the expectation that their wards would get the opportunity of higher education by which they will be able to enlighten the society. In order to fulfill their aspirations, the institution has been trying to inculcate the feeling of community responsibility among the students of the institution. We feel that only a socially committed and responsible generation can help prospering the local society.

**Objectives:**

1. To create the sense of commitment and social responsibility. 2. To inculcate positive attitude.
3. To help the students realizing social and human values. 4. To help the students learning

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community activity. 5. To make the students regular, punctual, sincere and disciplined. 6. To have a tie between higher education and community responsibility.

### **The Practice:**

The institution practices to foster community responsibility among students through the Mankachar College unit of National Service Scheme and College Students' Union. The NSS unit works for fostering community responsibility among students. It gets an annual grant for running the activities from the affiliating university. Students are enrolled as volunteers and engaged in social activities under the guidance of Programme Officer appointed by the college authority from among the teachers. The NSS unit has adopted one village named Mahantapara. The village is backward in economic, academic and infrastructural aspect. The NSS unit holds a seven days camp in the village every year. During the period of seven days, the programme schedule is prepared including cleanliness, plantation in different places of the village, renovation of the village roads, health camp, awareness programme on women empowerment, cultural programme etc. In all the programmes the students perform their activity together with the villagers.

However, the institution often faces a few challenges in this regard. The main obstacles in fostering social responsibility among the students come from the social set up. The students of present day are born and brought up in nuclear family where others are always absent. They acquire the mindset arising out of nuclear family and hence it become challenging to foster the sense of community responsibility among the students. The obstacle can overcome by practicing the students' group activity in the classes. Another obstacle arises from the academic and examination system. The students have to face tough competition in every step of life. Therefore, they hanker after mark sheets. Students get hardly leisure time to think other than their syllabus. We have to overcome this hurdle by arranging activities during semester break. The most important obstacle comes from lack of systematic planning by higher authorities to involve students in the act of social responsibility. The Government has no planning for financial assistance in this regard and financial crisis often appear as a major obstacle which is difficult to overcome.

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